

# CBSE Class 12 Food, Nutrition, and Dietetics Syllabus 2025-26

**Total Marks: 100 (Theory - 60 + Practical - 40)**

UNITS	Marks
Employability Skills	2
Unit 1: Communication Skills - IV	2
Unit 2: Self-Management Skills - IV	2
Unit 3: ICT Skills - IV	2
Unit 4: Entrepreneurial Skills - IV	2
Unit 5: Green Skills - IV	2
<b>Total</b>	<b>10</b>
Subject Specific Skills	
Unit 1: Clinical and Therapeutic Nutrition	15
Unit 2: Diet in Health and Disease: cause, physiological conditions, clinical symptoms, and dietary management	15
Unit 3: Diet in Health and Disease - II	10
Unit 4: Food Safety and Quality Control	10
<b>Total</b>	<b>50</b>
Practical Work	
Viva based on the Project	10
Practical File / PowerPoint presentation	15
Demonstration of skill competency via Lab Activities	15
<b>Total</b>	<b>40</b>
<b>Grand Total</b>	<b>100</b>